

## **Buddhist tips for human Relationship**

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Buddhism generally mentions about how to live a happy life in the society. Relationships are based on human activities and thinking patterns.

Buddha's teachings mention about human mind and their behavior. When people have mutual understanding about each other it helps to build healthy relationships between each other. And also if a person has patience, kindness, equanimity and trust, this also contributes to build healthy mutual relationships between each other. Aggaññasutta mentions about how to initiate the family life. Sigālovāvasutta mentions that there are sixty one kinds of responsibilities for six social groups. In addition, purisabandana sutta, ittibandanasutta, parābavasutta and Dhammapada also discuss about the relationships among human beings. If one builds moral behavior, consequently he will be able to build good relationships with others. These are the Buddhist tips for human relationship.

Today with commercialization and modernization people's lives have become more complex and instead being moralistic, people have become narrow minded, selfish and they have forgotten the value of human relationships. We can use Buddhist teachings to rebuild these unhealthy, broken human relationships by giving them some value. Hence all these Buddhist advices are applicable to any time.

Everyone likes to spend a happy life. Without a good and strong human relationship one cannot expect inner peace nor outer peace. Thus human relationships are an essential part of social wellbeing. Nakulamātā and Nakulapithāsutta mentions about how to live a happy life. This is the best example for the relationship between husband and wife. Buddha also appreciated their relationship. Because they had mutual understanding, trust, patience and other essential qualities for the continuation of a healthy relationship. Thus, one can apply these not only within families but also in other social relationships. Thus the society will be a much better place for everyone to live in harmony.

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