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Sri Lanka Medical Association

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“Moving from Millennium Development Goals to Sustainable Developments Goals”

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higher UPoD compared to females throughout the period. During this period, UPoD due to CVD increased from 9.3 to 10.1, UPoD from DM increased from 1.0 to 3.1, UPoD from CA increased from 3.5 to 5.0 and UPoD from COPD remained around 2.3.

Conclusions

UPoD due to CVD, DM and CA have shown an increasing trend from 2002 to 2010 and we would expect more premature deaths in the age group 30 to 70 if the same trend continues over the next decade. Therefore achieving 25% reduction in mortality in 2025 could be challenging for Sri Lanka.

Free Paper Session 6 – Miscellaneous

OP038

Effect of natural sugars and an artificial sweetener on Biofilm formation of *Candida* species

Jayarathna P D T A¹, Wijesinghe G K¹, Weerasekara M M¹, Gunasekara T D C P¹, Fernando S S N¹, Kottegoda N²,

¹Department of Microbiology, Faculty of Medical Sciences, University of Sri Jayewardanapura

²Department of Chemistry, Faculty of Applied Science, University of Sri Jayewardanapura

Introduction

As biofilms are ubiquitous life forms, biofilm formation may vary under different nutritional conditions such as fermentable sugars leading to many oral complications including dental caries and periodontal diseases. In the present study we investigated the effect of two different concentrations of sugars and an artificial sweetener on biofilm formation of *Candida* species.

Objectives

The aim of the study to investigate the effect of two different concentrations of sugars and an artificial sweetener on biofilm formation of *Candida* species.

Method

The growth rates of planktonic cells of *C.albicans* and *C.tropicalis* was determined by inoculating 96-well plates with 10⁶ cells/ml of organisms suspended in 5% and 10% sweetening agents supplemented medium and measuring the optical density (OD₄₉₂) at 2 hour intervals.

C.albicans, *C.tropicalis* and 1:1 mixed species adhesion and Biofilm growth rate assays in the presence of 5% and 10% glucose, sucrose and saccharin were quantified using MTT (3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide) and Crystal Violet (CV). The Biofilm architecture was assessed using Scanning electron microscopy (SEM).

Results

Highest growth rate of planktonic *Candida* was observed with 5% glucose regardless of species. No significant growth was observed with 5% and 10% saccharin. While both glucose and sucrose (5% and 10%) showed significant positive effect on adhesion of *C.albicans*, *C.tropicalis* and mixed species, 5% saccharin significantly reduced the adhesion of monospecies of *C.albicans* and *C.tropicalis*. A maximum Biofilm growth rate was observed with 5% sucrose for all species. While 5% saccharin had no significant effect, 10% saccharin reduced the growth of all three Biofilms.

Conclusions

5% saccharin did not promote the adhesion of *C. albicans* and mixed species, however 10% saccharin promoted the adhesion. Although 10% saccharin promoted the adhesion it did not facilitate the growth of *Candida* biofilms.

OP039

Detection of BK virus (BKV) in renal transplant recipients in National Hospital of Sri Lanka (NHSL).

Premathilake MIP^{1,2}, Jayamaha CJS²

¹Faculty Of Medicine, University of Colombo

²Medical Research Institute, Colombo